



FEBRUARY 2010

"THE BULLETIN BOARD"
ORMOND BEACH SENIOR CENTER
351 ANDREWS STREET
ORMOND BEACH, FLORIDA 32174
 Senior Center Manager – Teddy Blauvelt
 Phone # 386-672-4146 Fax 386-672-4159

FEBRUARY CALENDAR
 *The Senior Center will be Closed on Monday, Feb. 15 In honor of Presidents' Day!
 * St. Valentine's Day is..... Sunday, Feb. 14!!
 *Ash Wednesday is Feb. 17
 Join Our New YOGA Classes!

MONDAY +++++CLOSED MONDAY, FEB. 15 for PRESIDENTS' DAY+++++

Exercise with Deanna! – BR	\$24.00 a month	9:00 a.m. ~ 10:00 a.m.	Newcomers Always Welcome!
Painting with Betty! NCCR	\$40.00 for 8wks	8:00 a.m. - 12:00 a.m.	Fridays & <i>now</i> Mondays too.
Poker – CAR	Donation	8:00 a.m. ~ 4:30 p.m.	Join the Poker Dudes!!
*NEW- Meditation Classes	\$5.00	12 Noon - 1:00 p.m.	Call Geho for info- 672-2292
Creative Writing – SCR	Free	11:00 a.m. ~ 1:00 p.m.	Newcomers welcome!
AARP Driver Safety – NCCR	A Two-day course	12:30.p.m. ~ 4:30 p.m.	February 22 & 24 only
Pinochle- BLDG D	\$.50/\$1.00	1:00 p.m. ~ 3:30 p.m.	Newcomers always welcome!
*NEW-Hand&Foot Monday!	\$.50/\$1.00	1:00 p.m. - 4:00 p.m.	A new group playing on Mondays
*NEW- YOGA Classes	FREE	1:30 pm - 2:30 pm	Mondays, Wednesdays&Thurs.
**C.O.A. Seminar Series 'Preplanning For Funerals' 1pm, Monday, Feb 22 only. Call 672-4146 for reservation			

TUESDAY

Art Guild – NCCR	Yearly Dues	8:00 a.m. ~ 12:00 p.m.	Club membership
*New- Aggie's FUN-ER-CISE!	\$24.00 a mo.	9:30 a.m. - 10:30a.m.	Gentle & Fun Aerobics, Try It!
MAH JONGG – CAR	\$.50/\$1.00	10:30 a.m. ~ 3:30 p.m.	Newcomers welcome
Italian lessons – SCR	Free	10:30 a.m. ~ 12:30 p.m.	Newcomers welcome
Tomoka Duplicate Bridge – BR	Dues	12:30 p.m. ~ 4:00 p.m.	Newcomers welcome
Goodtimers' Bridge – NCCR	\$.50/\$1.00	12:30 p.m. ~ 3:00 p.m.	Newcomers always welcome
Hand & Foot Cards– BLDG D	\$.50/\$11:00	1:00 pm - 4:00 pm	Newcomers always welcome
Pilates functional fitness NCCR	\$10wk/\$6day	3:30 p.m. ~ 4:30 p.m.	Tuesdays AND Thursdays!

WEDNESDAY

Exercise with Deanna! – BR	\$24.00 month	9:00 a.m. ~ 10:00 a.m.	Have Fun with Music!!
Poker – CAR	Donation	All day	Be there or be Square!!
TAI CHI– NCCR	\$6.50	10:00 a.m. ~ 11:00 a.m.	Learn from a Master!!
Knitting & Crocheting – SCR	Free	10:30 a.m. ~ 12:30 p.m.	Newcomers welcome
*NEW- FRIENDSHIP GROUP	\$.50/\$1.00	11:30a.m. - 1:00 p.m.	New Faces, New Places. Join In!
AARP Driver Safety – NCCR	A Two-day course	12:30 p.m. ~ 4:30 p.m.	February 22 & 24 only
Ballroom Dance Lessons-BR	6 Wk. course	12:30 p.m. ~ 1:30 p.m.	Join in! Call 676-3256 for info.
*New- Ellen's Art Class-	\$45 for a 6wk course	1:00 pm ~ 4:00 pm	Call Ellen @676-1363 for info
Dance Gala & Social – BR	\$3.50/\$4.50	2:00 p.m. ~ 4:00 p.m.	Singles Welcome! Refreshments!
Ask a Financial Advisor – SCR	Free Advice!	1:00 p.m. ~ 3:00 p.m.	3 rd Wed, Call for Appointment
Ask an Elder Attorney – CR	Free	1:00 p.m. ~ 2:00 p.m.	2 nd Wed, Call for Appointment
Eucher – NCRR	\$.50/\$1.00	1:00 p.m. ~ 4:00 p.m.	Newcomers always welcome
**Ask A Physical Therapist! Join us at 1:30pm Wed., Feb. 17 only for a Question & Answer Program!!			
*NEW- YOGA Classes	FREE	1:30 p.m. - 2:30 p.m.	Try it! It's Free!! Mon,Wed,Thurs.

THURSDAY

Various Poker Games- CR	Donation	9:00 a.m. ~ 1:00 p.m.	Everyone is welcome!
*NEW- Aggie's FUN-ER-CISE!	\$24.00 a mo.	9:30 a.m. - 10:30a.m.	Twice a Week!! Twice the Fun!!
*NEW- Self-Healing Classes	\$6.50or32.00mo.	1:00 p.m. - 2:15 p.m.	Fun & Energizing Call 672-2292
Tomoka Duplicate Bridge – BR	Dues	12:30 p.m. ~ 4:00 p.m.	Newcomers welcome
Pinochle – BLDG D	\$.50/\$1.00	1:00 p.m. ~ 4:00 p.m.	Newcomers always welcome
Pilates Functional FitnessNCCR	\$10wk/\$6day	3:30 p.m. ~ 4:30 p.m.	Tuesdays AND Thursdays
*NEW- YOGA Classes	FREE	1:30 p.m. - 2:30 p.m.	Every Mon. Wednes. & Thurs!!

FRIDAY

Exercise with Deanna!- BR	\$24.00 month	9:00 a.m. ~ 10:00 a.m.	Everyone Welcome! Come Join In!
Painting with Betty! – NCCR	\$40.00 for 8 wks	8:00 a.m. ~ 12:00 noon	Learn to Paint- now twice a week!
Poker – CAR	Donation	All day	Everyone welcome!
French! With Josephine!!– CR	Free	10:30 a.m. ~12:30 p.m.	It's Fun, it's Free and Oh-So-Fun!
Ask a Nurse – Office	Free	11:00 a.m. ~ 1:00 p.m.	Free advice! Feb. 12 only!
Friday Bridge – NCCR	\$.50/\$1.00	12:30 p.m. ~ 3:30 p.m.	Newcomers welcome
!BINGO- \$\$\$BIG PAYOUTS\$\$!	\$1.00/\$2.00	12:45 p.m. ~ 4:00 p.m.	Friendly Crowd & Great Snacks!!

DAILY ACTIVITIES

Games and Lunch Donation 9:30a.m. to 12:30p.m. RSVP call 677-1549
 Billiards, Darts & Table Tennis– PR Free All Day Everybody welcome

CLASSROOM LEGEND

BR Ballroom
 CAR Card Room
 CR Conference Room
 CCR Center Conference Room
 DR Dining Room
 NCR Conference Room
 NCCR North & Center Conf. Rm.
 PR Pool Room
 SCR South Conference Room



Council on Aging of Volusia County, in partnership with the community, promotes healthy, independent living through caring, competent and compassionate services.

Ormond Beach Senior Center is managed by the Council on Aging of Volusia County in partnership with the City of Ormond Beach.

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